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向上帝投誠…

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#### 總幹事的話

# 強健身體與強化牧養

兩年前因身體常見疲累,身體筋骨機能活動減退,便開始每天做一些拉筋動作,減慢身體老化及筋骨硬化,每周有一個早上去游泳,多做帶氧運動,改善疲態。去年,藉著這個習慣和用一點私人時間,收了兩位想學游泳的更生人士為徒;有一位年近40歲,性格單純順服,正如古語:『愚子可教也!』吩咐他甚麼,他就做甚麼,由於他專注和單純,很快他就怡然自得地入水能游又能浮,只是當要求他以正確姿勢習游時,他很快便說累了要休息!知道對一個喜歡吃、睡和怕熱的肥人來說,游泳只是消暑活動而矣,算了吧!而我更看到的是一個曾被傳媒相機驚嚇,不敢隨便與陌生人傾談,膽小如鼠的更生人士,如今他行動自如,優哉悠哉地,又有穩定的教會生活;年近歲晚他又快樂地與家人相聚,大吃大喝;目前他已是更新會男宿舍的好幫手呢!

『我今日成了何等人,是嬴神酌恩才成酌,並且祂所 賜我酌恩不是徒然酌。……;這原不是我,乃是神 酌恩鄭我同庇。』 林前(5:(0 我長久以來,喜歡以朋友、 老師或父親的角色作牧養, 實在是無招似有招,連我自 己也難於言諭,心想還有不 到18個月便要退休了,祈 求神為我們預備多位,能有 如上述所分享般,滿有衝勁 的年青教牧,起來承傳更新 會監獄事工。

潘國光牧師



劉鳳茵 (更生人士)

# 向上帝真心投誠 帶來生活、生命 更優質

仍然記得在獄中那十三個月,我徹底反省自己的過錯,誠心誠意向神認罪悔改,要忘記背後努力面前,立志重新做人。2009年獲釋後,我立即加入基督教更新會當義工,一邊學習一邊適應新生活,感恩有不離不棄的家人扶持,使我慢慢重新站起來。起初的三年,我在更新會的「藍天敬拜佈道隊」做司琴一我們是一班熱愛音樂,樂意透過詩歌來分享生命和見證信仰的更生人士,一起到兒童及青少年院、教會、學校及機構佈道服事。

三年後,按懲教署規定,我可以申請回到獄中的宗教班 服侍,於是我第一時間申請並獲得批准,遂開始跟隨同 工前往各成人及青少年懲教院所分享,數年來從不間斷; 最初是自己孤身去的,不久便游説丈夫一齊參予,他被 我的積極打動了。猶記得我們跟隨當年坐牢時的宗教班 導師入去的那一次,囚友們聽得很是感動,更表示要改 過自新,將來也跟隨導師重返監獄鼓勵獄中朋友呢! 2012年我們一家返了宣道會基蔭堂聚會,那裏的戒賭團 契一彼得團一非常適合過來人和家人參加的;我們漸漸 地投入其中,及後更參與事奉。牧者蕭如發牧師和師母 沒有計較我的過去,教導我們除了戒賭之外,一生都要 學習及繼續成長,卸下老我跟隨耶穌,必得最高獎賞。 不久,我更鼓起最大的勇氣向十歲的兒子剖白,告訴他 媽媽曾經坐監,請他原諒,兒子的寬恕和接納使我得釋 放,之前不敢跟他坦白,害怕傷害他,現在終於能坦然 無懼走前面的恩典之路。2014年我們一家拍了星火飛騰 第359集見證《名師出賭徒》,盼望這個真人故事成為 馨香的祭,叫主喜悦,叫人得福。感恩見證播放至今, 在網上的點擊率已有過萬人次了。因著這個見證,不少 教會和機構甚至媒體都激請我們分享上帝在我們身上的 奇妙作為,兒子亦大膽地跟別人述説上帝的大能大愛, 當中包括他的老師和同學。我們竟然有份被使用被建立!

感謝神讓不可能變為可能!2015年教會提名我們參加由 基督教協基會主辦的第七屆香港家庭選舉,我們獲嘉許 為「自強家庭」。「智慧的婦人建立家室:愚妄婦人親 手拆毀。」(箴言14:1)回想起我們一家從逆境一步又 一步走出陰霾,由拆毀到重建,現在終於重見光明,所 經歷的,除祂以外,沒有可誇的。

更生人士回頭以後絕對可以活得比從前更美好的。未來的日子,希望我們能繼續譜寫榮神益人的生命見證,造就和祝福別人一不分你我他。更新會和教會也是我的家:「至於我和我家,我們必定事奉耶和華。」(書24:15下)三月我和教會將跟更新會入監事奉,使分享見証更優化。



#### ||||||| 嘉賓 |||||| <sup>細語</sup>

盧永靖 (本會董事)

# 定立方向,邁向 目標

在董事會的帶領下,幾位董事與同工組成了"檢視及優化小組",目的是透過收集同事意見,整理及分析更新會的優點與限制,希望提供意見予董事會如何有策略地優化內部



Nick Appel (義工)

# 我們已得自由了

那等候耶和華的,必從新得力,他們必如鷹展翅上騰, 他們奔跑卻不困倦行走卻不疲乏。以賽亞書40:31

當我接獲懲教署頒發服務多年義工獎之後,有人曾問及 我為何能夠服侍男性監獄超過18年,而其中12年是透過 當基督教更新會義工而做的,在回答問題之前,我會問 他們可有時間,因為我分享個人如何蒙召去傳揚救贖的 愛,平安及主耶穌的恩典,看怕長度有如閱讀James Michener的小說般。

我試圖克制不長篇大論只簡略描述。我的生命有如浪子的故事。我在一個人數眾多、環境卑微而滿有愛的基督教家庭長大。我自小被帶返教會,然而從青少年時開始,我便成為在世俗中迷失方向,追求財富、物質及尋歡作樂的奴隸。這些年來我只集中追求更多肉體及個人的欲望,使自己的道德羅盤嚴重破裂,在連續的幾星期內一切盡被摧毀,我失去了工作,更失去了妻子,我感到有如失去自己,跌至谷底。但我在破碎中,竟被愛我及接納我的奇妙阿爸天父以我的本相引領我及迎接我回家。

回到之前的問題中,為何吸引我去探訪男性監獄呢?當我接受主耶穌及收到祂的改造的恩典及救恩禮物時,我認



他人分享這醫治和救贖的恩典。當神開啟了一個機會之門讓我成為男性監獄的信差,我便跳了進去。

我發現了監獄牆內是主的兒女們分享著與我同樣的破碎 與爭扎,是什麼啟發我及將歡樂帶進我的心,是因多年 來見証著許多的囚友因與聖靈相遇生命改變,建立與主 的關係及我們在主裏如弟兄般分享愛的團契;縱使是 在牆內的監獄,肉體被監禁,他們的靈性卻被改變及 釋放,不再被孤單和黑暗世界的敵人俘虜。前面道路仍 滿佈敵人的陷阱、投石器和利箭,然而我們現在卻有盔 甲裝備,及必須保持團結的友誼,並分享神應許裏的盼 望就如鷹展翅上騰,勝過疲憊和困倦,自由地散發鹽和 光,即使過去我們曾在靈性監獄中,但現在我們不會再 被囚禁了。感謝更新會給予這個機會,讓聖靈的工作能 彰顯祂的榮耀。

及強化機構發展。工作小組在初期分析中訂了幾個關注重點,包括(1)人力資源~為機構發展需要作人才培訓,整理同工及義工的優點,期望及特性,作人才配對,並整理更新會義工庫及善加運用。(2)服務模式 (service model)~分析更新會現有服務模式及需優化之方向。將不同的事工系統化規範化,建立模型,這對於服務發展與檢討、傳遞、宣傳都重要。(3)服務優化及知識管理~優化服務架構及服務流程,按機構異像,使命及年度重點作分工安排,並建立知識管理系統。(4)機構傳訊~透過不同媒介傳達機構的服務及資訊,提升機構形象,爭取公眾支持。

經討論後小組建議先檢視及優化(1)人力資源及(2)服務模式兩方面。透過兩年工作已有不錯之進展。而在最近會議討論,工作小組訂立了透過 "7S" service model 框架 (Spiritual, Strategic, Systematic, Structural, Sincere, Skillful and Strengthening) 及設立 "更新專業培訓學院" 推動同工及義工之培訓及發展,並計劃設立「機構發展」專責職位,強化機構資源拓展及傳訊工作。希望各更新會持份者積極支持,讓更新會的工作更榮神益人。

# 香港基督教更新會財政報

### Financial Report of Hong Kong Christian Kun Sun Association (2015年9-12月份 Sep-Dec 2015)

收入 INCOME	\$	\$
奉獻收入 Donation	2,298,708	
宿舍租金 Hostels rental	182,908	
其他收入 Other incomes	9,002	
總收入 Total Income		2,490,618

#### 支出 EXPENSES

行政費 Administration	612,032
事工費 Ministry	1,361,580
宿舍事工費 Hostels	628,168

#### 總支出 Total Expenses

2,601,780

本期結餘 / (虧損) Surplus (Deficit) for the period

(111,163)

2016 預算分佈圖 Budget Distribution

院內事工經費

院外事工經費

備註:此財政報告未包括2015年10月21日"甦Walk • Soul Watch"步行籌款活動 Remarks: "甦Walk • Soul Watch" Walkathon Fund Raising is not included in this financial report

"甦Walk ● Soul Watch"步行籌款收支報告 Financial Report of Walkathon Fund Raising on 21 October 2015

籌款收入 Fund raised income 567,336 活動支出 Activity expenses 40,978

步行籌款結餘 Fund Raising Surplus

526,359

#### 2016年度財政預算 Budget of 2016

支出 EXPENDITURE	\$
行政費及經常費 Administration & Operation	2,776,441.70
院內事工經費 In prison Ministry	
男成人組 Male Adult	1,070,170.60
女成人組 Female Adult	651,198.70
青少年組 The Youth	879,328.10
其他國籍 Other Nations	360,914.00
院外事工經費 Aftercare Ministry	
阿尼西母綜合訓練計劃 Onesimus Integrated Training Scheme	377,400.00
深恩團契 Full Grace Fellowship	167,943.30
青少年成長中心及職業訓練 Youth Development Centre & Vocational Training	30,900.00
男宿舍 Male Hostels	490,922.70
女宿舍 Female Hostel	189,222.30
天使樹家庭服務 Angel Tree (Family Ministry)	306,653.60
其他 Others	
聖誕禮物包 Christmas Gift Packs (Inmates)	220,000.00
其他事工費 Other Ministry Expenses	104,320.00
總支出 Total Expenses	7,625,415.00

前事工主任利志強牧 師已於2016年1月27 日離任,其日後言行 不代表本會,與本會 完全無關。特此聲明

#### 香港基督教更新會

36% 行政與經常費

Operation

Announcement is hereby given that Rev. LEE Chi Keung, Kevin, the former Ministry Officer of the Association, have left the Association with effective from 27 January 2016.

Thereafter, he has no further authority to represent and/or to act on our behalf for any matter whatsoever, and we will not be responsible or liable for any of his acts and activities.

**The Hong Kong Christian Kun Sun** Association

#### 奉獻方法 Donation Method

- 1 可用劃線支票郵寄本會,抬頭寫「香港基督教更新會有限公司」或 The Hong Kong Christian Kun Sun Association Ltd. Issue cross cheque made payable to "Hong Kong Christian Kun Sun Association Ltd."
- 直接存入本會香港匯豐銀行戶口416-4-010375,並傳真或寄回入數單據,以便寄發收據。 Deposit to our HSBC Bank account 416-4-010375, and return the payment slip by fax or by post, a tax-deductible receipt will be issued to the donor.
- 自動轉賬表格,可在本會網頁www.ksa.org.hk下載,或致電本會會計部索取 Auto-payment form can be download from our web site: www.ksa.org.hk, or contact our accounts department for requisition.

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陸漢思牧師 Rev. Hans Lutz 溫以壯牧師 Rev. Wan Yee Chong 鍾嘉樂牧師 Rev. Chung Ka Lok 感謝主讓更新會的優化計劃,已不斷在進行中,今期更新會的雙月刊,更增設了中、英雙語內容,使更多義工、教會及讀者知道更多監獄事工情況。

Thank God for Kun Sun's Optimization Program, which is now running in full-speed. The latest issue of our bi-monthly newsletter is even rearranged into bilingual so as to accommodate more volunteers, churches and readers from different background.

2 感恩2015聖誕佈道40場順利完成,天使樹行動送出兩百多份禮物給囚友的子女及父母;囚友對教會及義工送上的禮物包及親身的監內佈道探訪,從他們填寫的回應及決志表中,知道他們的衷心感謝及欣賞。請繼續為囚友們的信心成長歷程禱告記念。

Thanksgiving that the 40 Christmas Evangelical Services were completed smoothly. The "Angel Tree" action has sent out over 200 presents to the families of our inmates. And from their replies, the inmates were all grateful for our care and also appreciated the visits from our volunteers. Please continue to pray for their growth in faith.



3 感謝主帶領黃子坤弟兄在更新會服侍了26年,於本年一月底退休。他在2月1日起走下一里路,除了 為「恩與美文化基金有限公司」擔當「總幹事」發展監獄內文化事工外,更以「義務宣教士」身份繼 續為本會監獄事工服侍,成為兩間機構的事工合作伙伴。求神使用他,並祝福兩間機構的事工發展。

Thank God for guiding our brother Wong Tze Kwun in serving Kun Sun in the past 26 years, he retired at the end of January this year. Since Feb 1, he has taken up a new role as the General Secretary for "The Beauty of Grace Foundation Limited", in order to help developing the cultural activities in prison; while at the same time, he will continue to serve in our prison ministry as the voluntary missionary. We pray that God will keep using him and bless the development of the ministry works in these two institutions.

4 請代禱求主賜智慧,為配合優化更新會的服侍,正籌備及安排同工及義工進行專題訓練,培育更多人材及善用恩賜。

Please pray for God's wisdom in preparing all the training programs for our staff and volunteers in order to facilitate the optimizing programs in Kun Sun.

5 請記念更新會正籌劃2016年的籌款活動,使經常運作得以順利進行及擴展。
Please remember Kun Sun's 2016 fund raising activities in your prayers and all expenses in our daily

Please remember Run Sun's 2016 fund raising activities in your prayers and all expenses in our daily operation can be met.



請為服事更生人士的深恩團契代禱, 因著能更適切牧養及栽培他(她)們成 長,深恩團契以分組別形式聚會,更 集中關顧他們的身心靈需要。

Please pray for Full Grace Fellowship that catered for our ex-inmates. It is now in new format, divided into different groups so to ensure every single physical and emotional need could be taken care of appropriately.

- 7 更新會已運作三所男宿舍,但需求仍然很大,床位不敷,請代禱記念求天父賜才智管理及牧養舍友。 Kun Sun Association is now running 3 male hostels. Yet, it is still far from being sufficient to meet the rising demand. Please remember this in your prayer and that God will grant us wisdom and strength for management and spiritual care.
- 8 請為更新會聘請新同工祈禱,求天父帶領有召命者加入本會團隊,服侍在囚人士。
  Please pray for our new staff hiring. Pray that God will guide the right person to fill up the post.

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Setting targets and ... P7&8

We've been set free P8



General Secretary Message

# Strengthen your body and Strengthen the Christian Nurturing

Two years ago when I started to feel tired easily, I realized it was a signal from my body telling me that I need to do something. I began to exercise everyday, doing stretching bones to enhance my flexibility. I also went swimming in the morning once a week.

Last year, while I was still on my swimming practice, I also used this personal time to be the coach of two ex-inmates. One of them was around 40, with simple, obedient and very teachable character. He would just listen to whatever I told him. As he was so focused and simple, he learnt swimming very quickly. But when I asked him to improve on the technique, he was not so willing to and would say tired easily. I guess to such a "big" person who always likes to eat, sleep but hates hot weather, swimming is just for staying away from the heat! Yet after all, he has changed from a person once horrified by the inhumane media and feared to talk to strangers, to now feeling free to go anywhere. He got a steady church life and has even able to spend his time happily with his family in this Chinese New Year. Right now, he is a very helpful volunteer in our male hostels!

When I look back on myself, I am only a humble servant of God who serves in prison ministry. In everything I will try to achieve a win-win situation for all parties, namely the inmates, Correctional Services Department,

Kun Sun Association and our Heavenly Father, so as to be able to explore as many possibilities as possible in expanding our ministry works. I feel thankful to work with a group of God's servants, both staff and volunteers, who share the same calling. We will always remember those works are doing for God but not our selfish motives; to work peacefully with all departments to glorify the name of our God.

times, he will not give up easily but will tell himself to come up with more ideas in order to survive. Most importantly, he said he does not want to go back to the voluptuous life of before. I thank God for that! Today, he and his family go to church regularly and he is preparing himself to testify for God when time comes. All these changes in him were because of the love of Christ - when his wife gave birth to their daughter, they were in

"But by the grace of God I am what I am, and his grace to me was not without effect. No, I worked harder than all of them – yet not I, but the grace of God that was with me." (1 Corinthians 15:10)

My second student was a young gentleman in his 20s. He was very smart and a quick learner. He could foresee himself picking up swimming in a quick mode and could learn it well. Just that he did not give much attention on breathing which has made him suffer from on and off choking. Lately, he even dares to suggest to race with me. I am sure it is a matter of time that he can surpass me! In a conversation during a lunch after swimming, he told me he is a very persistent person. If he is in bad

serious financial difficulties. A Christian sister who was a volunteer of Kun Sun was willing to give them the money they needed unconditionally, which he was deeply touched.

All these years I like to position myself as a friend, teacher or father to the people I nurture. I would be retiring in less than 18 months and I pray that God will raise up more servants, who have the passion and devotion to nurture the youth, to carry on the prison ministry works in Kun Sun.

Rev. PUN Kok-kong, John



Lau Fung Yan (Rehabilitated person)

# The abundance of life that came from following God truthfully

I still recall the 13 months I spent in prison, I had the opportunity to reflect on my life which led to my true repentance to God. I made a decision then to forget the past, keep pressing on towards the goal and live as a new person in Christ.

As my sentence has come to an end, I regained my freedom in 2009. Without hesitation, I joined Kun Sun as a volunteer. As I slowly picked up the pieces in my life and learned to integrate into the society, my family's unchanging support enabled me to get back on my feet. To them, I am grateful. For the first three years, I was the pianist of "Blue Sky Worship and Outreach Team" of Kun Sun. We were a group of music lovers and were delighted to share God's word through music, worship and our life stories in various children and juvenile centers, churches and schools.

Three years later, I was allowed to apply for a permit from Correctional Services Department to visit prisons and participate in their religious class and activity. Since then, I had been visiting adult prisons and juvenile centers with other volunteers on a regular basis. At first, I was volunteering on my own but I tried to invite my husband to join me. Eventually, it was my persistence and determination that won him over and he finally decided to join me. I still remembered during one visit, the inmates were touched by our testimonies and they wanted to repent and follow our footsteps on serving prison ministry after they finished serving their time in prison.

My family joined Kei Yam Alliance Church in 2012. Within this church, one of their growth groups focused on addiction in gambling. We decided to join this group and has been helping out ever since. Pastor Siu and his wife looked beyond my past and encouraged us that we need to leave our old self to grow and mature in Christ. For God has great treasures in heaven for us. Not long after, I found the greatest courage in me to tell my son that I was in prison for 13 months. I chose to conceal it from him fearing that it could hurt him and hope he could forgive me. With my son's forgiveness and acceptance, I could finally be free of bondage and continue my walk with God valiantly in His grace.

In 2014, our family was casted for episode 359 of "Sparks Fly Upward" series on battling with addiction in gambling. We prayed that our life stories could be a pleasing sacrifice to God and a blessing to others. Thankfully, our episode had over ten thousand hits since it aired. Through this broadcast, we were invited by various churches, organisations and different media to share the miracles God had done in our lives. To our surprise, our son had been telling his teachers and classmates about God's love and power. We were amazed that God would use our family in building and blessing others in ways we had never imagined. Praise God that He made the impossible possible!

In 2015, our church nominated my family for the 7th 「香港 家庭選舉」 (Hong Kong Family Election) and we won 「自 強家庭」 (Self-Progress Family) title. "The wise woman builds her house, but with her own hands the foolish one tears hers down." ~ Proverbs 14:1. In God's power, He mended our broken family and in love He taught us to rebuild. In God's grace and mercy, He led us out of darkness and into His light. From our experience, no one should boast except God.

For those who had a past, they could still live life to the fullest. Looking forward, we hope to continue to praise

God and to touch and bless others through our life stories. "But as for me and my household, we will serve the Lord." ~ Joshua 24:15. I am glad to go to prison with my church through Kun Sun Association for sharing my testimony in March.





Wesley Lo (Kun Sun's Director)

# Setting targets and marching forward

Under the leadership of the Board of Directors, the "Review and Optimizing Team" is born. The purpose of the team is to collect comments and feedback from fellow workers. These comments will be reviewed and analysed by the team to explore the strengths and limitations in Kun Sun. The aim is to



Nick Appel (Vounteer)

## We've been set free

"But those who hope in the LORD will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint." Isaiah 40:31

In the aftermath of being honored by the Correctional Services Department for my years of volunteering in prison ministry, people have been asking me why I've been drawn to visiting men in prison over the last 18 years, the past dozen of which have been under the auspices of the Hong Kong Christian Kun Sun Association. Before answering, I have to ask them how much time they have, because my personal testimony to the calling of sharing the redemptive love, peace, and grace of Jesus Christ with those in prison can last as long as a reading of a James Michener novel.

I'll refrain from the long story and provide an abridged version. My life is a tale of the prodigal son. Raised in a big, loving Christian family of humble circumstances, I was "churched' from a very young age. However, starting in my teenage years I began to lose myself in the ways of the world, and became enslaved to the desire for wealth, material things, and physical pleasures. Over the years my moral compass became terribly broken as my focus turned more and more to satisfying the flesh and to self-desire. It all came undone when in consecutive weeks I lost my job, and then I lost my wife. I felt like I lost my self. I had hit the bottom, but in my brokenness I was led and welcomed back home by my amazing Abba father who loved me and accepted me for who I was, just as I was.

So back to the question, why am I drawn to visiting men in prison? When I accepted Jesus and received his gift of transformative grace and salvation, I realized that I had been incarcerated for years in my own self-created prison, enslaved to the sinful nature that left me in the cold dark cell of brokenness, loneliness



and despair. When I finally opened the door to let Jesus into my life, the chains of my sin, shame, and despair were broken, and I was born again as a new creation free to live in the grace of Christ. Having experienced that liberating joy, I felt compelled to share that healing and redeeming grace with others. When the Lord opened the door of opportunity to be that messenger to men in prison I jumped through it.

What I discovered inside the walls of prison were other children of the Lord who shared the same experiences of brokenness and struggles that I did. What has inspired and brought joy to my heart is witnessing over the years how most of these same men have been transformed by an encounter with the Holy Spirit, a relationship with Jesus, and a fellowship of love that we share together as brothers in Christ. Inside the walls of the prison there are men who while physically incarcerated have been spiritually transformed and "set free", no longer captive to the lonely and dark world of the enemy. The road ahead is still fraught with the traps, slings, and arrows of the enemy. However, we've now been equipped with the armor and bonds of friendship necessary to persevere, and with a shared hope in the promises of the Lord can soar on wings like eagles, overcoming fatigue and weariness, free to be dispensers of salt and light, even in the spiritual prisons that once, but no longer, incarcerate us. Thank you Kun Sun for providing the opportunity for the Holy Spirit to do His glorious work!

provide these results to Board of Directors when planning strategies in optimizing and strengthening Kun Sun as an organization. During the review, the team set out four focal points. Firstly, in utilising human resources in training. Organising current volunteer data bank and collecting information from volunteers in order to match tasks with specific strengths. Secondly, to analyse the current service model and seek out to optimize the structure and to develop an appropriate model accordingly. This is vital in service development and review, marketing and flow of information. Thirdly, in the areas of optimising service and management of knowledge. To optimise the structure of service to build a system of knowledge based on the vision and mission of the organisation and the focus of the year. Fourthly, to use various communication and media channels to raise awareness of our organisation and to gain public support.

After discussion, the "Review and Optimizing Team" suggested to focus on focal points 1 - human resources; and 2 - service model. The past two years have shown good progress. In the recent Board meeting, the Team reached a decision on pushing forward training and development for fellow workers and volunteers through the application of "75" service model principles (Spiritual, Strategic, Systematic, Structural, Sincere, Skillful and Strengthening) and setting up of "Kun Sun Professional Training Academy". In addition, to set up a new post of strategic planning and development within the organisation to strengthen our resource development and communication. We earnestly look forward to your continuous support in Kun Sun doing works to bring glory to God and blessings to others.